

Celebrating Growth Opportunities

This year the City of St. Paul Housing and Redevelopment Authority (HRA) approved Face to Face's request to develop a mixed-use facility with 20 units of affordable housing for youth across the street from our clinic.

We are excited for this big growth opportunity and grateful to the City of St. Paul HRA, Board of Commissioners, and the City Council.

Next year we will share opportunities for the entire community to get involved as we move forward with this much-needed, deeply affordable housing project.



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Dear Friends,

The young people we work with have unique needs, experiences, abilities, and aspirations. This requires us to have a unique approach as to how we engage and interact with them. By focusing on their strengths, youth develop a strong sense of self that helps them shape their own lives.

When we provide opportunities for youth to build a sense of competency, usefulness, belonging, and power, they grow! Read how Face to Face youth describe their growth in their own words:

"I am way more independent. I went from experiencing homelessness to having my very own studio apartment."

"All the staff have helped me grow my people skills. I have gained the perspective that people from all walks of life have a struggle."

"Getting my life together and becoming a better person. In fact, learning to keep a job and do better, not just for me, but everyone around me."

As young people have grown, we have grown with them. We have listened to their wisdom and enhanced our support, improved access to resources, and increased opportunities for growth. This has resulted in more young people experiencing health, joy, prosperity, connection, and success.

This growth also brings complexity and requires a sophisticated strategy for the future. We must be available to build authentic relationships with youth to ensure they connect with all they need. We have seen throughout history and across all cultures that when they realize their most valuable asset is found within them, they find solutions to overcome many obstacles and reach their goals.

As we grow, youth will overcome trauma, engage in their education, become employed, gain housing, and have healthy relationships. They create ripples of change through their families and communities, affecting generations to come.

We have learned we are stronger when we work together. Young people need all of their communities working jointly to improve health literacy, food security, physical and mental health, housing stability, employment, and much more, because in spite of our transformative services, the needs of our community are growing exponentially.

Let's continue to grow with youth and meet their needs by growing together!

Hanna Getachew-Kreusser, M.A. Executive Director, Face to Face



Our Mission

Advancing economic and health equity for youth while providing support, opportunities, and access to resources as they build on their strengths and achieve their aspirations.

Our Vision

All youth are valued for who they are and realize their potential.



What We Do

Since 1972, Face to Face has provided essential support for youth who are experiencing the most disparities of income, health, housing, and other life outcomes.

Since we began as a volunteer-run walk-in crisis counseling and reproductive health clinic, we've seen tremendous growth.

Today we continue to support youth ages 11-24 through six core programs: 1) medical care including health education, 2) mental health, 3) housing, 4) education and employment, 5) youth justice, and 6) community programs. All services areas include comprehensive, wraparound services which allows us to respond to the multiple challenges young people are navigating.



Medical Clinic



Mental Health



Housing



Education and Employment



Youth Justice



Community

We engage young people from their strengths and provide supportive relationships that have a positive impact on their development. Our approach is relational, trauma-informed, non-judgmental, and rooted in evidence-based practice.

No other organization in Ramsey County provides the breadth of services for youth people that we do, making us unique.

Who We Support

Young people come to Face to Face with complex needs and they have faced many barriers on their journey to have their needs met.

The things that have happened to them—difficult situations at home, how they have been treated, their mental health, and traumatic events—can make it difficult for them to believe in themselves. Without self-belief, youth may feel hopeless and lack the confidence to address the overwhelming barriers they face.



34% ages 11-18 and 66% ages 19-24



98% with a very low income



85% Black, Indigenous, or Person of Color



58% female, 35% male, and 3% transgender or gender expansive



60% straight, 15% LGBQ, and 25% who decline to identify



42% experienced domestic violence



23% experienced foster care



15% have a disability

Youth have been forced to grow up too fast and they deserve our encouragement and support as they walk through so many challenges. They know what they want and need to move forward. When given the opportunity, youth have everything they need within them to change their lives.

Our Impact

Face to Face engages young people from their strengths and provides supportive relationships that have a positive impact on their development.

We walk alongside youth as they heal from trauma, build stability, and participate meaningfully in their communities. As youth learn to believe in themselves and use their strengths, they find solutions to overcome many obstacles and reach their goals.

3,239 youth accessed services from Face to Face – a 59% increase from FY22

167 youth had **1,963** mental health visits, including **19** uninsured youth

1,481 youth had **16,750** visits to SafeZone drop-in day shelter –

a 76% increase from FY22

182 youth and community members were tested for HIV and counseled on prevention

589 youth received individual and group health education

55 youth participated in justice alternative programming

114 youth assisted with housing (rental assistance, shelter, and transitional housing)

970 youth had **5,959** case management interactions

844 youth had 2,298medical visits, including93 uninsured youth

225 youth and community members received health insurance navigation

72 pregnant youth received wraparound prenatal care

232 youth had 1,313 integrative health visits

51 youth received education and employment services



Stories of Growth

Every day, we witness the incredible strength of young people – strength that is not held back by challenges.

Youth have the strength and courage to face their challenges and keep moving forward as demonstrated in the following four stories of Face to Face youth (names are pseudonyms).

When Jonathan visited SafeZone for a respite from the streets, he found supportive staff, a safe place to rest, hot meals, access to a computer for job searches, and help securing housing.

More on page 8.

When 16-year-old Dakota came in for mental health support, they were feeling lost. While they identified as transgender, they didn't feel safe sharing their identity with their family and friends.

More on page 8.

A health educator met with Kayla to discuss healthy relationships. During this meeting, she cried while describing her relationship.

More on page 9.

Newly married and pregnant at 18, Amanda and Joshua had to grow up faster than their peers. Seeking help during this stressful time, they found Face to Face for prenatal care and couples therapy.

More on page 9.

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Jonathan's Story

When Jonathan visited SafeZone for a respite from the streets, he found supportive staff, a safe place to rest, hot meals, access to a computer for job searches, and help securing housing.

Now housed, he continues to utilize the support from staff and resources available as he stabilizes.

One day while picking up hygiene supplies, Jonathan shared how good he was feeling now that he was off the streets. He has gone from isolation and desperation to really living his life. Each time he stops by to check-in or access resources, he shares how something new is coming together for him because he is stably housed.

Recently, he excitedly shared that he is buying a blender so he can make healthy smoothies for breakfast.

Dakota's Story

When 16-year-old Dakota came in for mental health support, they were feeling lost. While they identified as transgender, they didn't feel safe sharing their identity with their family and friends.

They felt misunderstood, isolated, and alone without a sense of direction.

As Dakota continued with therapy, they gained a sense of confidence in themselves and built a network of support. They have been able to focus on achieving personal and academic goals. Dakota has learned how to advocate for themself and is preparing to come out to their support system.



Kayla's Story

A health educator met with Kayla to discuss healthy relationships. During this meeting, she cried while describing her relationship.

She was feeling frustrated and disrespected by her partner. They discussed healthy communication, boundaries, and goals. By the end of the session, she was smiling and asked if her partner could join next time.

A month later, Kayla returned and reported that she had ended the relationship. She said, "I just woke up. I look back on pictures of myself and I look so unhappy. Now I am always smiling. I love myself."

She said that she wants to remain single to help her stay focused on her schoolwork so that she can graduate, move out, and live on her own.

Amanda and Joshua's Story

Newly married and pregnant at 18, Amanda and Joshua had to grow up faster than their peers. Seeking help during this stressful time, they found Face to Face for prenatal care and couples therapy.

Amanda looked forward to weekly meetings with her midwife, as well as group prenatal and parenting education. They also appreciated couples therapy where they learned how to communicate and have a healthy relationship.

Today, thirteen years later, they have two children, steady jobs, and a healthy marriage. Amanda says that Face to Face helped them build a strong foundation for their relationship that has kept them a tight-knit family.

Our Finances

We are grateful for the community support that allowed us to raise more funds than we budgeted – a growth of 27% in revenue from FY22.

Thank you for partnering with us to provide the support young people need and deserve.

"Support for Face to Face means support for a more equitable future for Payne-Phalen, for St. Paul and for Ramsey County."

> Jack Byers, Executive Director, Payne-Phalen Community Council

Financial information is for the fiscal year ending June 30, 2023, and was audited by Abdo Certified Public Accountants & Consultants. To view our full audit and Form 990, visit face2face.org/about/reports-financials.

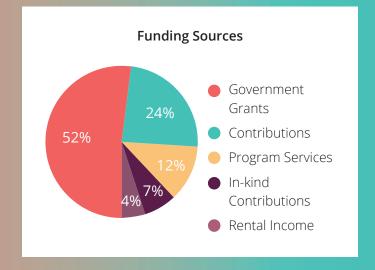
Balance Sheet

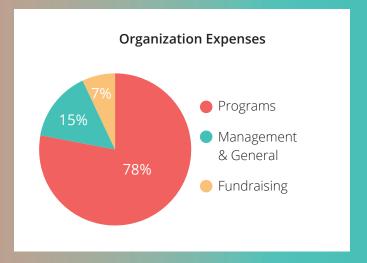
Revenue	
Contributions	\$1,515,529
Government Grants	\$3,382,711
Program Services	\$733,793
In-Kind Contributions	\$423,779
Rental Income	\$269,131
Insurance Proceeds Received	\$40,357
Interest Income	\$6,415
Miscellaneous Income	\$3,455
Total Revenue	\$6,375,170
Expenses	
Programs	\$4,909,419
Fundraicing	¢157011

Fundraising	\$457,014
Management & General	\$940,504
Total Expenses	\$6,306,937

Beginning Net Assets \$2,005,223 Ending Net Assets \$2,073,456 Change in Net Assets \$68,233

Net Assets





Board of Directors

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Family Services

Melissa Peterson

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Engagement

Stephanie Reinitz

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Mental Health Manager

Pam DeWitt-Meza

Medical Clinic Manager

Matthew Sexton

Education and

Employment Manager

David Starks

Youth Justice Manager

Walter Yang

Community Programs

Manager

Currently Hiring

Housing Stability Manager



Thank you volunteers!

175 volunteers, interns, and residents gave 7,893 hours for a value of \$250,982* – a 136% increase in community engagement from FY22.

"Seeing the community come together to meet youth needs every time a new need arises is an inspiration and concrete example of how we are truly stronger together."

> - Ashley Bauer-Yuen, Face to Face Community Engagement Coordinator

Pictured right from top to bottom:

Volunteers help serve a special holiday meal at SafeZone where youth can get three hot meals a day.

HealthPartners volunteers deliver snack bags for youth to take with them when they leave Face to Face.

Securian volunteers decorate SafeZone for Halloween.

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^{*}Based on \$31.80 per hour from 2023 estimated national value of volunteer time by the Independent Sector.



Community Engagement

The community has stepped up to ensure youth have access to all they need along their journey.

Community support helped provide basic needs, medical care, mental health services, health education, housing, education, employment, case management, and so much more. Thank you!

"Their work plays a vital role in equalizing racial disparities and creating opportunities for youth to grow and recognize their potential."

- Nelsie Yang, St. Paul Councilmember Ward 6

Pictured right from top to bottom:

Guests and a board member tour SafeZone during our first Giving Day Open House.

City of St. Paul Councilmembers with Face to Face Executive Director and former Board Chair Dr. Thomas Kottke after approving Face to Face's request to develop affordable housing across the street from the clinic.

Sawmill Trust company presents their annual donation to Face to Face Executive Director and Director of Development and Community Engagement at the clinic.







"Face to Face is a beacon of hope, providing comprehensive services and support to youth experiencing homelessness or who are at risk. As I entered their doors, I was immediately struck by the warm and inclusive atmosphere that enveloped the space. The dedication and compassion exhibited by the staff and volunteers were truly remarkable.

One of the core programs offered by Face to Face is their SafeZone drop-in day shelter — a sanctuary where youth can find respite, access essential resources, and connect with caring individuals. Witnessing the vibrant activities, educational programs, and counseling sessions taking place within the center, I was moved by the transformative impact it has on the lives of our community's most vulnerable youth.

I had the opportunity to engage in meaningful conversations with several youth who have found refuge and support at Face to Face. Their stories were both heartbreaking and inspiring, reminding me of the immense resilience and strength within our community. Through Face to Face's intervention and guidance, these young individuals are not only finding stability but also reclaiming their dreams and building a brighter future.

In addition to SafeZone, Face to Face offers vital services such as medical and mental health care, housing support, employment assistance, and educational opportunities. The organization's holistic approach addresses the multifaceted needs of youth experiencing homelessness, empowering them to overcome challenges and thrive."

- Rena Moran, Ramsey County Commissioner District 4



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